

Workshop

# GIOCANDO LA VOCE

with Oskar Boldre

The right approach to a good vocal improvisation within a group is first of all the willingness to put oneself to test by listening and opening up to what happens inside and outside of us. Improvisation is a form of Art. It is a simple but deep form of Art that allows us to communicate with sounds not necessarily connected with languages. Improvisation can be a free prayer, a ritual, a celebration, a hymn to joy, a joke that turns into an amusing research. But all this depends on another form of Art: the Art of Listening. Listening = relation = let energy circulate. Through listening, we will recognize and develop some devices that will allow an improvisation to be born and to evolve...for example: comply, contrast, imitate, guide and follow, detach and control to finally let go.... This approach tries to blend spirituality and humor while enjoying the wonderful opportunity to share the moment of the improvisation

## **Voice**

Play, simplicity, spontaneity often balancing between control and letting go. The voice is used as an instrument drawing directly on the suggestive and primal power of sound.

By practising listening and imitation we can extend and improve our abilities and discover new sound emissions in a playful way.

## **Improvisation**

The work can be divided in 3 phases:

1. Some easy and amusing exercises will help recognize and develop the “ways” which allow a group improvisation to start and evolve.
2. Each session will end with a free improvisation that will be recorded. This gives then the possibility to listen to it with from the “outside” and identify the elements and the inner relations that enabled the improvisation to create a sound path.
3. As the “ways” become familiar and are acquired, they become part of the initial warm-up training, aimed to obtain a certain agility and flexibility, essential for a good approach to group improvisation

## **DATES AND HOURS**

Saturday and Sunday, possibly also Friday night. Friday 3 hours + 6/7 hours daily, total 15/17 hours. To be scheduled far in advance.

## **REQUIREMENTS**

A very quiet , insulated room of at least 50 sq meters with restrooms and audio system with aux in plug.

## **NUMBER OF PARTICIPANTS**

Minimum 6, Maximum 12.

## **REGISTRATION DEADLINE**

The program will be offered subject to sufficient registration. The minimum number of registrations must be received within 3 weeks before the scheduled date.

## **INFO**

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